

1. A lounge chair comprising:
 - a frame;
 - a seat section coupled to said frame, said seat section defining an orthopedic upper surface;
 - 5 a back section cooperative with said frame, said back section defining an upper surface with a head aperture disposed therein; and
 - a hinge section disposed between said seat and back sections to facilitate a plurality of angular positions therebetween, said hinge section comprising:
 - an actuator responsive to user input;
 - 10 an angle adjustment mechanism responsive to said actuator, said angle adjustment mechanism configured to allow a plurality of angular positions between said back section and said seat section; and
 - a biasing member configured to promote selective engagement of said angle adjustment member to at least one of said back section and said frame,
 - 15 said biasing member responsive to said user input imparted to said actuator such that upon deployment of said actuator, said engagement of said angle adjustment member to said back section or frame is overcome.
2. The lounge chair of claim 1, wherein said head aperture comprises adjustable dimensions.
- 20 3. The lounge chair of claim 2, wherein said adjustable dimensions comprises adjustability along at least a longitudinal dimension of said lounge chair.
4. The lounge chair of claim 1, wherein said actuator is disposed on said back section and is responsive to single-hand input such that said angular position between said seat and back sections can be adjusted while said user is on said lounge chair.
- 25 5. The lounge chair of claim 1, wherein said seat section defines a lateral taper on said orthopedic upper surface.
- 30 6. The lounge chair of claim 1, wherein said biasing member comprises a spring.

7. The lounge chair of claim 1, further comprising a magazine rack coupled to said frame or said back section.

8. The lounge chair of claim 7, wherein said magazine rack is hingedly connected to said frame or back section such that upon deployment, said magazine rack is situated substantially between said head aperture.

9. The lounge chair of claim 1, further comprising a pull-out tray cooperative with said frame or said seat section.

10. The lounge chair of claim 1, further comprising wheels disposed in at least one of said legs.

11. The lounge chair of claim 1, further comprising at least one cushion configured to engage at least one of said seat section orthopedic upper surface and said back section upper surface.

12. The lounge chair of claim 11, wherein said cushion defines an opening therethrough such that upon placement of said cushion onto said lounge chair, said head aperture and said opening are substantially aligned.

13. The lounge chair of claim 12, wherein said cushion further comprises an attachment member with which to engage said lounge chair.

14. The lounge chair of claim 13, wherein said attachment member comprises at least one strap.

15. The lounge chair of claim 14, wherein said at least one strap comprises a velcro connector.

16. The lounge chair of claim 1, wherein said lounge chair is constructed predominantly from wood.

17. The lounge chair of claim 16, wherein said wood comprises hardwood.

5

18. The lounge chair of claim 17, wherein said hardwood is selected from the group consisting of ipe, teak and oak.

19. The lounge chair of claim 1, wherein said orthopedic upper surface is integrally formed into said seat section.

10

20. The lounge chair of claim 1, wherein said orthopedic upper surface defines a substantially convex shape.

21. The lounge chair of claim 1, wherein said orthopedic upper surface of said seat section and said upper surface of said back section comprise rigid materials.

15

22. A lounge chair comprising:
a frame;

20 a seat section coupled to said frame, said seat section defining a substantially rigid orthopedic upper surface;

a back section cooperative with said frame, said back section defining a substantially rigid upper surface with an adjustable head aperture integrally formed therein; and

25 a hinge section disposed between said seat and back sections to facilitate pivotal movement therebetween.

23. The lounge chair of claim 22, wherein said substantially rigid upper surfaces of said seat and back sections are constructed predominantly of wood.

24. The lounge chair of claim 22, wherein said hinge section comprises:
an actuator responsive to user input;

30

an angle adjustment mechanism responsive to said actuator, said angle adjustment mechanism configured to allow a plurality of angular positions between said back section and said seat section; and

5 a biasing member configured to promote engagement of said angle adjustment mechanism and a corresponding member on at least one of said back section and said frame.

25. The lounge chair of claim 22, further comprising a plurality of longitudinally-spaced slats coupled to said back and seat sections to define said respective upper surfaces.

10 26. The lounge chair of claim 25, wherein said head aperture is defined by cut-outs in at least a portion of said slats, and wherein at least said slats that define said head aperture are slidably coupled to said back section to facilitate adjustability of said head aperture.

15 27. A method of using a lounge chair, said method comprising:
configuring said chair to comprise:
a frame;
a seat section coupled to said frame, said seat section defining a substantially rigid orthopedic upper surface;
a back section cooperative with said frame, said back section defining a
20 substantially rigid upper surface with an adjustable head aperture integrally formed therein; and
a hinge section disposed between said seat and back sections to facilitate pivotal movement therebetween;
positioning a user on said chair such that at least one of said user's ventral and dorsal
25 regions is placed on said orthopedic upper surface; and
placing a portion of said user's head in said head aperture.

28. The method of claim 27, further comprising adjusting the position of said head aperture within said back section.

30 29. The method according to claim 27, wherein said hinge section comprises:

an actuator responsive to user input;

an angle adjustment mechanism responsive to said actuator, said angle adjustment mechanism configured to allow a plurality of angular positions between said back section and said seat section; and

- 5 a biasing member configured to promote engagement of said angle adjustment mechanism and a corresponding member on at least one of said back section and said frame.

30. The method of claim 27, wherein said configuring said chair further comprises configuring at least said back section and said seat section predominantly from wood.